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Underlying all my workshops and presentations is the fundamental belief that we humans are constructed from energy. Feedback from both small groups of 8-10 people, and ballroom-sized rooms with participants is identical. Participants



Eileen Lawlor, LICSW, BCD

Always rated as highly engaging and inspiring, Eileen's lectures and workshops communicate her material straight to the heart and soul of all who attend. Her background in theater, television, and dance, allows her to engage audiences in an easy yet commanding fashion. Participants leave with a sense of empowerment and are motivated to change and grow.

Lecture Topics

Presentations are tailored to each group's particular learning objectives and needs.

- Life Transitions
- How to Let Go & Move On
- Stress Solutions & Relaxation Training
- Redefining the Meaning and Purpose of the 2nd Half of Life
- Guided Imagery For Health & Wellness
- Mindfulness & Healthy Living
- You Are Created To Love
- Mapping Your Ideal Future
- Deepening Your Sacred Connection
- Transformation Through Hypnosis & Past-Life Regression Therapy

**To Schedule Eileen as a Speaker call
413-528-7916**

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I attended your "Seeing is believing" class at Kripalu and wanted to let you know how

incredibly helpful it was - not only mentally but also physically. I've been struggling with back pain for the past year, and that Sunday was a particularly rough day for me. Laying on the floor or sitting for a long time exacerbates because my muscles constrict. WELL - after the session I had no pain for the rest of the day. Nada. Incredible. I've done guided imagery before but never this intensely. It must've had some sort of effect on my nervous system. I bought your CD. My back issues are still there, but I will definitely continue to do this. Thanks again!

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Beth O.